

# youthforce

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Boys & Girls Clubs of King County

## YouthForce Mission

YouthForce levels the professional playing field for underserved youth, empowering them to develop a vision for their future and providing them the experiences to believe they can, and the resources and networks to achieve it.

## YouthForce Programs

YouthForce offers paid internship programs to King County teens 16–19 years old.



BOYS & GIRLS CLUBS  
OF KING COUNTY

### CAREER INTERNSHIP



The **Career Internship Program (CIP)** replaces the underutilized and unsupervised after school hours of teens with mentored, educational, and career relevant internships. Career Interns not only receive rewarding employment in a professional business setting, they also benefit from job readiness training, guided mentoring, and individualized college and career counseling.

#### Internship Sites



### TEAMWORK INTERNSHIP



The **TeamWork Internship Program (TWIP)** is a unique partnership between YouthForce and First and Goal Inc. that offers teens meaningful entry-level work experiences supported by adult mentorship, positive peer and professional networks, and on the job training. TeamWork Interns work as Fan Support Staff at CenturyLink Field during Sounders FC and Seahawks games.

#### Internship Sites



### YOUTHFORCE UNIVERSITY



**YouthForce University (YFU)** is a career readiness program teens participate in alongside of their internships. Interns benefit from career development, college preparation, personal growth, financial literacy, and community service. YFU offers workshops, connection events, and a biannual Teen Employment Conference to equip interns with post high school plans.

#### YFU Supporters



**CONTACT US TO:**  
DONATE, SPONSOR, VOLUNTEER

YouthForce Office: (206) 436-1843  
www.teenjobs.org  
youthforce@positiveplace.org

Smilow Rainier Vista Boys & Girls Club  
4520 Martin Luther King Jr. Way South  
Seattle, Washington 98108

# youthforce UNIVERSITY

Career Development • College Readiness



## About the Program

YouthForce University (YFU) is a career readiness program teens participate in alongside of their internships. Interns benefit from career development, college preparation, personal growth, financial literacy, and community service. YFU offers educational workshops, connection events, informational interviews, community service projects, and a biannual Teen Employment Conference to equip interns with post high school plans.

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## Corporate & Community Volunteer Opportunities



**Teen Employment Conference:** Facilitate career and college workshops or participate in our resource fair. We serve over a hundred King County teens at our biannual conference held in the spring and fall of each year.

**Informational Interview Events:** Host a monthly informational interview event at your company on a weekday after school to help 10–20+ YouthForce interns gain interview confidence and career perspective.

**Connection Events:** Host a business panel or company site tour on a weekday after school for 10–20+ YouthForce interns to gain perspective into various career paths and business operations.



**Educational Workshops:** Facilitate career, college, or leadership focused workshops for our interns and TeamWork leadership team. Topics range from personal brand, public speaking, communication, team-building, and more.

**Community Service Events:** Are you looking for volunteers for service projects or special events? Interns participate in volunteer projects to gain perspective of community issues, which supports exploration of their career and college interests.

## Individual Volunteer Opportunities

Looking for a fulfilling one-time or on-going volunteer opportunity to make a difference in the lives of underserved teens in King County? We occasionally need volunteers for marketing, public relations, social media, website support, photography, copywriting, videography, administrative work, or some of our YouthForce University events throughout the year.

## YouthForce University Supporters:



KeyBank



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# Career Internship

Corporate Partners • King County



## About the Internship Program

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## Become a Partner

YouthForce connects innovative Seattle area companies with talented youth who can help move their businesses forward. Our Career Internship partners provide paid internship opportunities in a business environment in which teens have the ability to develop career confidence, professional networks, and clear educational and personal goals.

We support teens with on-the-job skills, as well as career and educational development. The program is designed to cultivate relationships with mentors to enhance their skills and competencies needed for post high school and career success.

Our model gives employers the opportunity to not only reach but influence a diverse group of young adults and increase community ties with businesses. This is a great way for employers to build a pipeline of talented, young professionals.

Our Internship experiences include business, law, marketing, tech, retail and other career fields. Our interns work at many of Seattle's leading businesses including Microsoft, Stoel Rives, Acumatica, Walmart, and Alaska Airlines.



## Benefits to Employers

YouthForce internships are a great investment—for your staff, business, and community. Hiring and working with YouthForce Interns will:

- Improve staff morale as teens bring enthusiasm, meaning, diversity, and value to the work environment
- Increase productivity by allowing teens to do routine tasks so staff can focus on priorities, transforming your administrative work into educational internships



## Internship Partners:



**CONTACT US TO:**  
PARTNER AND LEARN MORE

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# TeamWork Internship

CenturyLink Field • Sounders FC • Seahawks



## About the Internship Program

The **TeamWork Internship Program** is a unique partnership between YouthForce and First and Goal Inc. that offers teens meaningful entry-level work experiences supported by adult mentorship, positive peer and professional networks, and on the job training. TeamWork Interns work as Fan Support Staff at CenturyLink Field during Sounders FC and Seahawks home games.



## How to Apply

**Who** TeamWork Internship is open to high school aged teens who are at least 16 and reside in King County

**What** Interns work in Giveaways, Touchdown City, Soccer Celebration, Corporate and Community Partnerships, Entertainment, and Guest Services. *\*Interns who have worked at least one season are also encouraged to apply to leadership positions*

**Where** Interns work during home games at CenturyLink Field and participate in our career readiness program, YouthForce University

**When** **Seahawks:** August–January (application opens in **May/June**)  
**Sounders FC:** February–November (application open in **Dec/Jan**)

*\*Interns may apply to work both Seahawks and Sounders FC*

**How** Fill out an application at [www.teenjobs.org](http://www.teenjobs.org)  
*\*no resume or cover letter required*



## Benefits of the Program

- Work with over 100+ teens from over 30 different high schools throughout King County
- Gain paid work experience at CenturyLink Field
- Boys & Girls Clubs of King County Membership
- Participate in YouthForce University events
- Develop career skills and increase college readiness

## Internship Partners



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APPLY, PARTNER, LEARN MORE

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